## **CLAIMS**

## What is claimed is:

- 1. A method of producing hydrogen comprising: reacting water and a water-soluble oxygenated hydrocarbon having at least two carbon atoms, in the presence of a metal-containing catalyst, wherein the catalyst comprises a metal selected from the group consisting of Group VIII transitional metals, alloys thereof, and mixtures thereof.
- 2. The method of Claim 1, wherein the water and the oxygenated hydrocarbon are reacted at a temperature of from about 100°C to about 450°C, and at a pressure where the water and the oxygenated hydrocarbon are gaseous.
- 3. The method of Claim 1, wherein the water and the oxygenated hydrocarbon are reacted at a temperature of from about 100°C to about 300°C, and at a pressure where the water and the oxygenated hydrocarbon are gaseous.
- 4. The method of Claim 1, wherein the water and the oxygenated hydrocarbon are reacted at a temperature not greater than about 400°C, at a pressure where the water and the oxygenated hydrocarbon remain condensed liquids.
- 5. The method of Claim 1, wherein the water and the oxygenated hydrocarbon are reacted at a pH of from about 4.0 to about 10.0.
- 6. The method of Claim 1, wherein the catalyst comprises a metal selected from the group consisting of nickel, palladium, platinum, ruthenium, rhodium, iridium, alloys thereof, and mixtures thereof.
- 7. The method of Claim 1, wherein the catalyst is further alloyed or mixed with a metal selected from the group consisting of Group IB metals, Group IIB metals, and Group VIIb metals.

- 8. The method of Claim 1, wherein the catalyst is further alloyed or mixed with a metal selected from the group consisting of copper, zinc, and rhenium.
  - 9. The method of Claim 1, wherein the catalyst is adhered to a support.
- 10. The method of Claim 9, wherein the support is selected from the group consisting of silica, alumina, zirconia, titania, ceria, carbon, silica-alumina, silica nitride, and boron nitride.
- 11. The method of Claim 9, wherein the support is surface-modified to remove surface moieties selected from the group consisting of hydrogen and hydroxyl.
- 12. The method of Claim 9, wherein the support is modified by treating it with a modifier selected from the group consisting of silanes, alkali compounds, and alkali earth compounds.
- 13. The method of Claim 9, wherein the support is silica modified with trimethylethoxysilane.
  - 14. The method of Claim 9, wherein the support is a zeolite.
- 15. The method of Claim 9, wherein the support is a carbon nanotube or a carbon fullerene.
  - 16. The method of Claim 9, wherein the support is a nanoporous support.
- 17. The method of Claim 1, wherein the water and the oxygenated hydrocarbon are reacted at a temperature not greater than about 400°C, at a pressure where the water and the oxygenated hydrocarbon remain condensed liquids, and further comprising reacting the water and the water-soluble oxygenated hydrocarbon in the presence of a water-soluble salt of an alkali or alkali earth metal.

- 18. The method of Claim 17, wherein the water-soluble salt is selected from the group consisting of an alkali or an alkali earth metal hydroxide, carbonate, nitrate, or chloride salt.
- 19. The method of Claim 1, wherein the water-soluble oxygenated hydrocarbon has a carbon-to-oxygen ratio of 1:1.
- 20. The method of Claim 1, wherein the water-soluble oxygenated hydrocarbon has from 2 to 12 carbon atoms.
- 21. The method of Claim 1, wherein the water-soluble oxygenated hydrocarbon is selected from the group consisting of ethanediol, ethanedione, glycerol, glyceraldehyde, aldotetroses, aldopentoses, aldohexoses, ketotetroses, ketopentoses, ketohexoses, and alditols.
- 22. The method of Claim 1, wherein the water-soluble oxygenated hydrocarbon is selected from the group consisting of aldohexoses and corresponding alditols.
- 23. The method of Claim 1, wherein the water-soluble oxygenated hydrocarbon is selected from the group consisting of glucose and sorbitol.
- 24. The method of Claim 1, wherein the water-soluble oxygenated hydrocarbon is sucrose.
- 25. A method of producing hydrogen comprising: reacting water and a water-soluble oxygenated hydrocarbon having at least two carbon atoms, at a temperature not greater than about 400°C, at a pressure where the water and the oxygenated hydrocarbon remain condensed liquids, and in the presence of a metal-containing catalyst, wherein the

catalyst comprises a metal selected from the group consisting of Group VIII transitional metals, alloys thereof, and mixtures thereof.

- 26. The method of Claim 25, wherein the catalyst comprises a metal selected from the group consisting of nickel, palladium, platinum, ruthenium, rhodium, iridium, alloys thereof, and mixtures thereof.
- 27. The method of Claim 25, wherein the catalyst is further alloyed or mixed with a metal selected from the group consisting of Group IB metals, Group IIB metals, and Group VIIb metals.
- 28. The method of Claim 25, wherein the catalyst is further alloyed or mixed with a metal selected from the group consisting of copper, zinc, and rhenium.
  - 29. The method of Claim 25, wherein the catalyst is adhered to a support.
- 30. The method of Claim 29, wherein the support is selected from the group consisting of silica, alumina, zirconia, titania, ceria, carbon, silica-alumina, silica nitride, and boron nitride.
- 31. The method of Claim 29, wherein the support is surface-modified to remove surface moieties selected from the group consisting of hydrogen and hydroxyl.
- 32. The method of Claim 31, wherein the support is modified by treating it with a modifier selected from the group consisting of silanes, alkali compounds, and alkali earth compounds.
- 33. The method of Claim 29, wherein the support is silica modified with trimethylethoxysilane.
  - 34. The method of Claim 29, wherein the support is a zeolite.

- 35. The method of Claim 29, wherein the support is a carbon nanotube or a carbon fullerene.
  - 36. The method of Claim 29, wherein the support is a nanoporous support.
- 37. The method of Claim 25, further comprising reacting the water and the water-soluble oxygenated hydrocarbon in the presence of a water-soluble salt of an alkali or alkali earth metal.
- 38. The method of Claim 37, wherein the water-soluble salt is selected from the group consisting of an alkali or an alkali earth metal hydroxide, carbonate, nitrate, or chloride salt.
- 39. The method of Claim 25, wherein the water-soluble oxygenated hydrocarbon has a carbon-to-oxygen ratio of 1:1.
- 40. The method of Claim 25, wherein the water-soluble oxygenated hydrocarbon has from 2 to 12 carbon atoms.
- 41. The method of Claim 25, wherein the water-soluble oxygenated hydrocarbon is selected from the group consisting of ethanediol, ethanedione, glycerol, glyceraldehyde, aldotetroses, aldopentoses, aldohexoses, ketotetroses, ketopentoses, ketohexoses, and alditols.
- 42. The method of Claim 25, wherein the water-soluble oxygenated hydrocarbon is selected from the group consisting of aldohexoses and corresponding alditols.
- 43. The method of Claim 25, wherein the water-soluble oxygenated hydrocarbon is selected from the group consisting of glucose and sorbitol.

- 44. The method of Claim 25, wherein the water-soluble oxygenated hydrocarbon is sucrose.
- 45. A method of producing hydrogen comprising: reacting water and a water-soluble oxygenated hydrocarbon having at least two carbon atoms, at a temperature of from about 100°C to about 450°C, and at a pressure where the water and the oxygenated hydrocarbon are gaseous, in the presence of a metal-containing catalyst, wherein the catalyst comprises a metal selected from the group consisting of Group VIII transitional metals, alloys thereof, and mixtures thereof, the catalyst being adhered to a support.
- 46. The method of Claim 45, wherein the support is selected from the group consisting of silica, alumina, zirconia, titania, ceria, carbon, silica-alumina, silica nitride, and boron nitride, modified to remove surface moieties selected from the group consisting of hydrogen and hydroxyl.
- 47. The method of Claim 46, wherein the support is modified by treating it with a modifier selected from the group consisting of silanes, alkali compounds, and alkali earth compounds.
- 48. The method of Claim 45, wherein the support is silica modified with trimethylethoxysilane.
- 49. The method of Claim 45, wherein the water-soluble oxygenated hydrocarbon has a carbon-to-oxygen ratio of 1:1.
- 50. The method of Claim 45, wherein the water-soluble oxygenated hydrocarbon is selected from the group consisting of ethanediol, ethanedione, glycerol, glyceraldehyde, aldotetroses, aldopentoses, aldohexoses, ketotetroses, ketopentoses, ketohexoses, and alditols.

- 51. A method of producing hydrogen comprising: reacting water and a water-soluble oxygenated hydrocarbon having at least two carbon atoms, at a temperature of not greater than about 400°C, and at a pressure where the water and the oxygenated hydrocarbon remain condensed liquids, in the presence of a metal-containing catalyst, wherein the catalyst comprises a metal selected from the group consisting of Group VIII transitional metals, alloys thereof, and mixtures thereof, the catalyst being adhered to a support.
- 52. The method of Claim 51, wherein the support is selected from the group consisting of silica, alumina, zirconia, titania, ceria, carbon, silica-alumina, silica nitride, and boron nitride, modified to render to remove surface moieties selected from the group consisting of hydrogen and hydroxyl.
- 53. The method of Claim 52, wherein the support is modified by treating it with a modifier selected from the group consisting of silanes, alkali compounds, and alkali earth compounds.
- 54. The method of Claim 51, wherein the support is silica modified with trimethylethoxysilane.
- 55. The method of Claim 51, wherein the water-soluble oxygenated hydrocarbon has a carbon-to-oxygen ratio of 1:1.
- 56. The method of Claim 51, wherein the water-soluble oxygenated hydrocarbon is selected from the group consisting of ethanediol, ethanedione, glycerol, glyceraldehyde, aldotetroses, aldopentoses, aldohexoses, ketotetroses, ketopentoses, ketohexoses, and alditols.